Our Training Method PODS promotes and uses positive reward based training

Before You Start Some pre-training ideas before you start Flyball and Agility

Practical Obedience Simple, basic ideas for a happy relationship with your dog

PODS Flyball What is Flyball?

PODS Agility What is Agility? PODS Peter & Delia Roberts (Agility & Flyball)

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PODS training sessions take place most Saturdays and Wednesdays, weather permitting.

Please contact us before attending.







PODS (Practical Obedience and Dog Sports) provides facilities and training for dogs and their handlers in Agility and Flyball against the backdrop of the Snowdonia Mountain Range. In addition, Peter and Delia offer a wealth of experience and knowledge in practical obedience for owners and their dogs.



Our Training Method

PODS promotes and uses positive reward based training. Rewarding the dog with timely praise and treats or a toy to reinforce the positive actions and behaviours.

Before You Start

Much can be done before you even start Flyball or Agility training to ensure your dog will enjoy it and perform to their full ability. It is as important as the training for Flyball and Agility itself.

Socialisation: Dogs are pack animals and a Flyball team can soon feel like a pack to a dog. Pre-training socialisation is a must for dogs even if you have several dogs already as they can reject other dogs that are not in their pack. Joining a local dog club will help with this but we may also be able to assist and advise you (see Practical Obedience).

Recall: The most important thing is that your dog wants to come to you. If you are not the most exciting thing in your dog's life then distractions will be inevitable. Stimulate your dog to come back to you, try running away from your dog when calling them then reward them with much fuss, food or a favourite toy etc. Be enthusiastic with your dog and talk to them, they will soon pick up when you are in a playing mood. *Never forget to praise your dog.*

Playing with a ball or toy: In any dog sport playing is part of the training. As a rule dogs love to chase and the moving ball is a target for their natural urges and instincts. Tennis balls are quite cheap, easy to throw or hit with a tennis racquet and they float in water. Play fetch with your dog, its a great way to exercise them too!

Practical Obedience

To assist in preparing your dog for Flyball and Agility training, we can help by introducing practical obedience exercises to you and your dog as well as assisting in socialisation for your dog.

PODS Flyball

Flyball is a race between two teams of four dogs running up a lane 51 feet in length. The dog goes over four jumps, presses a 'Flyball Box' which ejects a tennis ball and runs back over the jumps to the start/finish line. Then the second dog takes its turn, and so on until all 4 dogs have finished. Each race consists of up to five legs. Best of five wins the race. Dogs of all sizes can take part as jump heights are set between 7 - 14 inches high.

Dogs are introduced to the Flyball lane by doing what we call runbacks (running away from the box area). The dogs are then turned to run towards the box area, jump by jump collecting a ball and running back to the handler. Specific training is given to handlers and dogs wishing to compete.

Agility is where a handler directs a dog around an obstacle course in a race for time and accuracy. The course is set out in an arena approximately 100 x 100 feet square and consists of hurdles, tunnels and feature obstacles such as weave poles, dog walk, A-frame and see-saw. There are two types of basic course, Agility (that includes the feature obstacles) and Jumping (only hurdles, with the option of tunnels and weaves).

Dogs are introduced to all the obstacles in order that they can safely negotiate them. Specific training is given to handlers and their dogs wishing to compete with their dogs.















It is important that your dog is fit to enjoy Flyball and Agility. We will not allow any dog to take part in training where we believe the dogs participation is detrimental to its health and welfare. You can do as much or as little as you like during the training sessions.

Handlers should wear appropriate clothing with footwear suitable for running on grass.